

Join us for a
MEALdene
Munch-time!
Yum Yum!



Milddene Food Hub

Week 1

Monday

Homemade Mild Chicken Korma
served with Cucumber Raita
or
Homemade Sweet Potato and Lentil Curry (V)
Naan Bread, Basmati Rice, Salad Bar
or
Jacket Potato with Cheese or Tuna

Homemade Apple Crumble and Custard or
Muller Corner Yoghurt or Selection of Fresh Fruit

Tuesday

Oven Baked Youngs Omega 3 Fish Fingers
or
NEW! Homemade Summer Vegetable Swirl (V)
Crushed New Potatoes, Baked Beans, Garden Peas
Salad Bar

Fresh Fruit Platter or Yeo Valley Yoghurt

Wednesday

Local Butcher's Roast Pork
served with apple sauce, Yorkshire Pudding and Gravy
or
Homemade Quorn Sausage Frittata (V)
Roast Potatoes, Fresh Carrots, Whole Green Beans
or
NEW! Hot Roast in a Roll

100% Fruit ice Lolly or Muller Corner Yoghurt or Selection of Fresh Fruit

Thursday

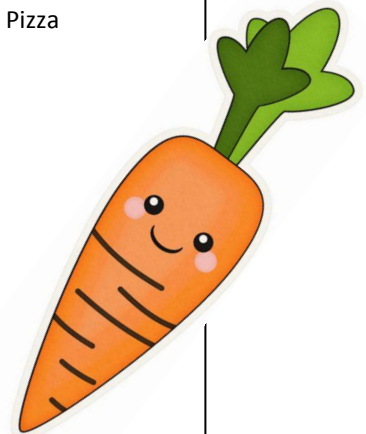
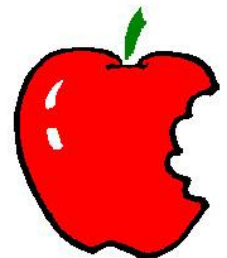
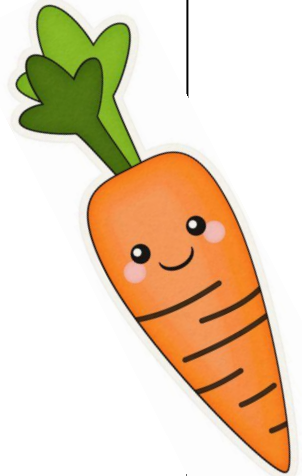
A Hearty Slice of Homemade Cheese and Tomato (V) or Pepperoni Pizza
Homemade Coleslaw
School's Favourite Pasta Salad Bar
or
Tuna and Sweetcorn Wraps

Fruit, Yoghurt and Granola Pots or Yeo Valley Yoghurt or
Selection of Fresh Fruit

Friday

Oven Baked Chicken Breast Chunks in crispy batter
or
Quorn Dippers (V)
Chips, Sweetcorn, Salad Bar

Homemade Fairy Cake with Glass of Cold Milk or Muller Corner Yoghurt or
Selection of Fresh Fruit



Fresh bread & fresh fruit, milk and juice are available daily



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Week 2

Monday

NEW! Chicken Kebab served with a Kobez Flatbread
or
NEW! Quorn Ball Kebab served with a Kobez Flatbread (V)
with
NEW! Fruity Couscous or Sweet Chilli Noodles
Salad Bar
or
Jacket Potato with Beans

Chocolate Sponge & Chocolate Sauce or Muller Corner Yoghurt or
Selection of Fresh Fruit

Tuesday

Homemade Sausage Roll
or
Homemade Cheese and Onion Roll (V)
Creamy Mashed Potatoes, Baked Beans, Broccoli Florets

Individual Fruit Pots or Yeo Valley Yoghurt

Wednesday

Local Butcher's Roast Turkey served with Yorkshire Pudding and Gravy
or
Roasted Sage and Onion Topped Quorn Fillet (V)
Roast Potatoes, Fresh Carrots, Garden Peas
or
NEW! Hot Roast in a Roll

Ice Cream and Strawberry Sauce or Muller Corner Yoghurt
or Selection of Fresh Fruit

Thursday

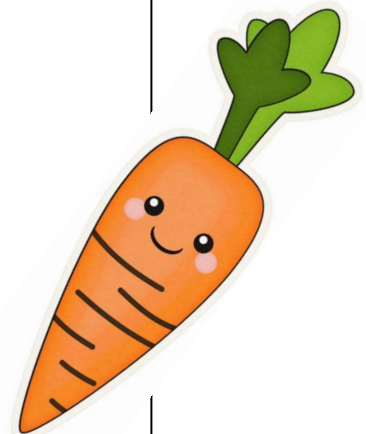
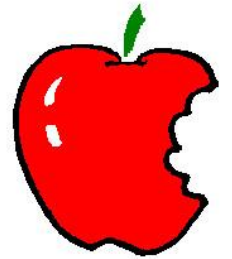
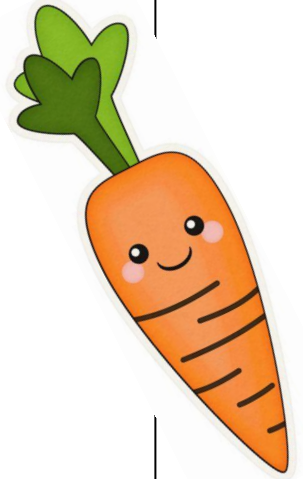
Homemade Chicken and Tomato Pasta Bake
Or
Homemade Vegetable Pasta Bake (V)
Garlic Bread
Salad Bar
Or
Tuna and Sweetcorn Deli Roll

Fresh Fruit Platter or Yeo Valley Yoghurt

Friday

Oven Baked Fillet of Fish in a Crispy Bubble Coating (GF)
Or
Vegetable Nuggets (V)
Chips
Sweetcorn and Peas Medley
Salad Bar

Homemade Melting Moment cookies with Glass of Cold Milk
or Muller Corner Yoghurt or Selection of Fresh Fruit



Fresh bread & fresh fruit, milk and juice are available daily



Mildene Food Hub

Week 3

Monday

Homemade Spaghetti Bolognese

or

Quorn Bolognese with Spaghetti (V)

Garlic Bread, Salad Bar

or

Jacket Potato with Cheese

Fresh Fruit Platter or Muller Corner Yoghurt

Tuesday

NEW! Pulled Pork in a Brioche Bun with Shredded Lettuce & Tomato Slices

or

Homemade Cheese and Leek Fritter in a Brioche Bun with Shredded Lettuce

& Tomato Slices

Homemade Coleslaw, Salad Bar

or

Tuna and Sweetcorn Deli Roll

Homemade Hummingbird Cake or Yeo Valley Yoghurt or Selection of Fresh Fruit

Wednesday

Local Butcher's Roast Chicken served with Yorkshire Pudding and Gravy

or

Roasted Quorn Fillet (V)

or

Carrot and Potato Bake

Garden Peas, Cauliflower Florets

Or

NEW! Hot Roast in a Roll

Ice Cream Sundae or Muller Corner Yoghurt or Selection of Fresh Fruit

Thursday

Children's Favourite! All Day Breakfast (chipolata sausage, bacon, scrambled egg)

Or

Vegetarian All day Breakfast

(2 x vegetarian sausages and scrambled egg) (V)

Hash Browns, Baked Beans, Baked Tomato, Button Mushrooms

NEW! Scotch Pancakes with Sliced Bananas and Maple Syrup

or

Yeo Valley Yoghurt or Selection of Fresh Fruit

Friday

Oven Baked Youngs Omega 3 Fish Fingers

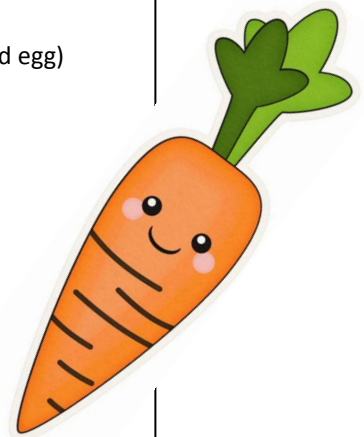
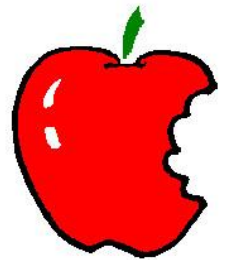
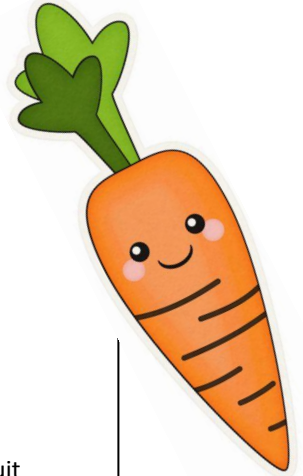
Or

Omelette (V)

Chips, Baked Beans, Garden Peas

Salad Bar

Melon Slices or Muller Corner Yoghurt or Selection of Fresh Fruit



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