

Week 1

Meat Free Monday Pizza Day

Cheese and Tomato;
Or
Vegetable Pizza, (v)
Salad Bar
Or
School pack lunch

Flapjack

Tuesday

Sticky Honey Sausages
Or
Sticky Quorn Sausage (v) with
Mash Potatoes Sweetcorn/Peas Salad Bar
Or
School packed lunch

Salad bar

Oaty biscuit with orange wedge

Wednesday

Local Butcher's Roast Gammon steak, Gravy with Pineapple Ring (v)

Or

Veg Strudel (v)

with

Roast Potatoes, Carrots, Green Beans

Or

Jacket Potato with Ham or Tuna
Salad Bar

Fresh Fruit Platter

Thursday

Macaroni Cheese with Crispy Bacon

Or

Macaroni Cheese and Broccoli Bake (v)

Herby Roll Sweetcorn

Or

School packed lunch

Apple Shortcake and Ice Cream

Friday

Omega 3 Fish Fingers

Or

Vegetarian Nuggets (V)

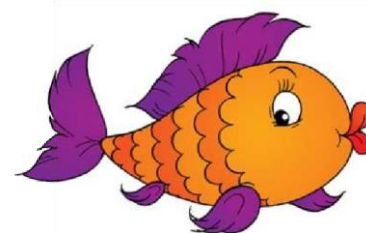
With Chips and Baked Beans

Or

School pack lunch

Salad Bar

Lime Jelly and Cream



Fresh bread & fresh fruit, milk and juice are available daily



Milidene Food Hub

Join us for a
MEALdene
Munch-time!
Yum Yum!



Week 2

Meat Free Monday

Jacket Potato with Tuna Mayo, Cheese, Baked Beans(v)

Or

School pack lunch

Salad Bar

Apple Shortcake

Tuesday

Crispy Polenta Chicken

or

Polenta Quorn (v)

both served with Rainbow Pasta with Smoky Tomato Sauce
and Sweetcorn

or

School pack lunch

Salad Bar

Angel Delight Topped with Fresh Fruit

Wednesday

Local Butcher's Roast Pork

or

Sweet potato Rossti (v)

served with Sage & Onion Stuffing, Gravy, Roast Potatoes,
Cauliflower, Green Beans and a Yorkshire

Or

Jacket Potato with Tuna/cheese

Salad Bar

Summer Fruit Platter

Thursday

All Day Breakfast (sausage, bacon and egg)

or

Vegetarian sausage and egg (v)

Baked Beans, Tomatoes, Mushrooms or

Salad Bar

or

School pack lunch

Artic Roll

Fish Friday

Crispy Fish Sticks

Or

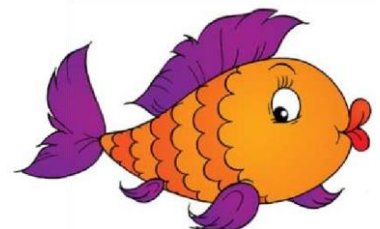
Vegetarian Nuggets (v)

With Chips, Peas or Sweetcorn

Salad Bar

Or school pack lunch

Ginger Snap



Fresh bread & fresh fruit, milk and juice are available daily



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Week 3

Meat Free Monday

Fishwich in a Bun
with Oven Baked Wedges and Vegetable Sticks
Salad Bar
Or
Jacket Potato with Various Fillings (v)
Or
School pack lunch

Fruit Smoothie



Tuesday

Pork Meat Balls in Swedish Style Sauce
Or
Vegetable Burger (v)
Served with Rice & Green Beans
Or
School pack lunch
Salad Bar

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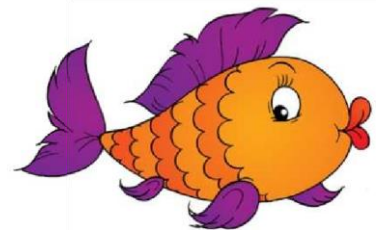
Wednesday

Summer Local Butcher's Roast Gammon
Or
Roasted Quorn fillet (v)
served with Crushed New Potatoes, Sweetheart Cabbage and Carrots
and a Yorkshire Or
Jacket Potato Various Fillings Salad Bar

Shortbread Biscuit

Thursday

Homemade Minced Beef Lasagne
Or
Cheese and Broccoli Bake (v)
with Garlic Bread
Or
School pack lunch



100% Fruit Lolly

Friday

Local Butcher's Sausage
Or
Linda McCartney Sausage (V)
Served with Chips, Baked Beans, Garden Peas
Or
School pack lunch
Salad Bar

Strawberry Jelly with fresh strawberries



Fresh bread & fresh fruit, milk and juice are available daily





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